

International Behavior Therapist

Training and Exam Content

International Behavior
Analysis Organization
2021 v100



**International Behavior
Analysis Organization**

Ethics, Education, Confidence

IBT Training Content

The following pages outline the training topics required to obtain the International Behavior Therapist (IBT) certification from the International Behavior Analysis Organization (IBAO).

The IBT Training Content can be obtained in numerous ways, through one or multiple providers. Documentation necessary to prove the content was obtained must include a certificate of completion, transcripts, or other forms that show the topic, length of training, and date of completion. Upload all documentation to your IBAO account.



International Behavior Analysis Organization's
International Behavior Therapist
Professional Advisory Board Committee

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A list of IBT Training Content providers that provide all of the required topics will be made available on www.theibao.com. An IBT candidate can obtain the training content from as many sources as necessary to ensure all have been learned.

Additional details and subtopics can be found in the IBT EXPANDED Training Content document available on the IBAO website.

IBT Training Content

Section 1 Disabilities

- 1.1 Characteristics of Autism Spectrum Disorder
- 1.2 Common Presentation of Characteristics
- 1.3 Intellectual Disabilities
- 1.4 Down Syndrome
- 1.5 Attention Deficit/Hyperactivity Disorder

Section 2 Behavioral Basics

- 2.1 Increasing Behavior
- 2.2 Decreasing Behavior
- 2.3 Extinction (Theoretical)
- 2.4 Establishing Operations
- 2.5 Discriminative Stimulus
- 2.6 Schedules of Reinforcement
- 2.7 Conditioned Reinforcers/Tokens

IBT Training Content

Section 3

Data Collection

3.1 Preparatory activities

3.2 Frequency

3.3 Duration

3.4 Latency

3.5 Partial interval

3.6 Whole Interval

3.7 Permanent Products

3.8 Graphing

Section 4

Assistance in Assessment Procedures

4.1 Preference Assessments

4.2 Functional Behavioral Assessment

4.3 Language and Functional Skills Assessments

IBT Training Content

Section 5

Teaching Skills

- 5.1 Teaching Protocols, Plans, Scripts
- 5.2 Discrete Trials Therapy
- 5.3 Natural Environment Teaching
- 5.4 Verbal Behavior
- 5.5 Task Analyses
- 5.6 Choice and Discrimination Learning
- 5.7 Prompting Strategies
- 5.8 Maintenance
- 5.9 Generalization

Section 6

Challenging Behaviors

- 6.1 Functions of Behavior
- 6.2 Antecedent Modifications
- 6.3 Differential Reinforcement
- 6.4 Functional Communication Training (FCT)
- 6.5 Extinction (In practice)

IBT Training Content

Section 7

Professionalism

7.1 Ethical Guidelines

7.2 Role of the IBT

7.3 Confidentiality/Privacy

7.4 How IBTs are Viewed by Others

7.5 Supervisor Relations

7.6 Reporting About Clients

7.7 Family/Client Relations